



Give your pet the very best chance of a long, healthy, pain-free life.

PET PHYSICAL THERAPY *for*
QUALITY OF LIFE

Peak Pet Performance at Care First Animal Hospital provides your pet with a comprehensive physical evaluation and individualized treatment plan. Whether you have a dog or cat, competitive athlete or elderly pet having mobility issues, you will receive a plan suited for your pet's unique needs.

Contact us or schedule your appointment today!

Dr. Ruth West

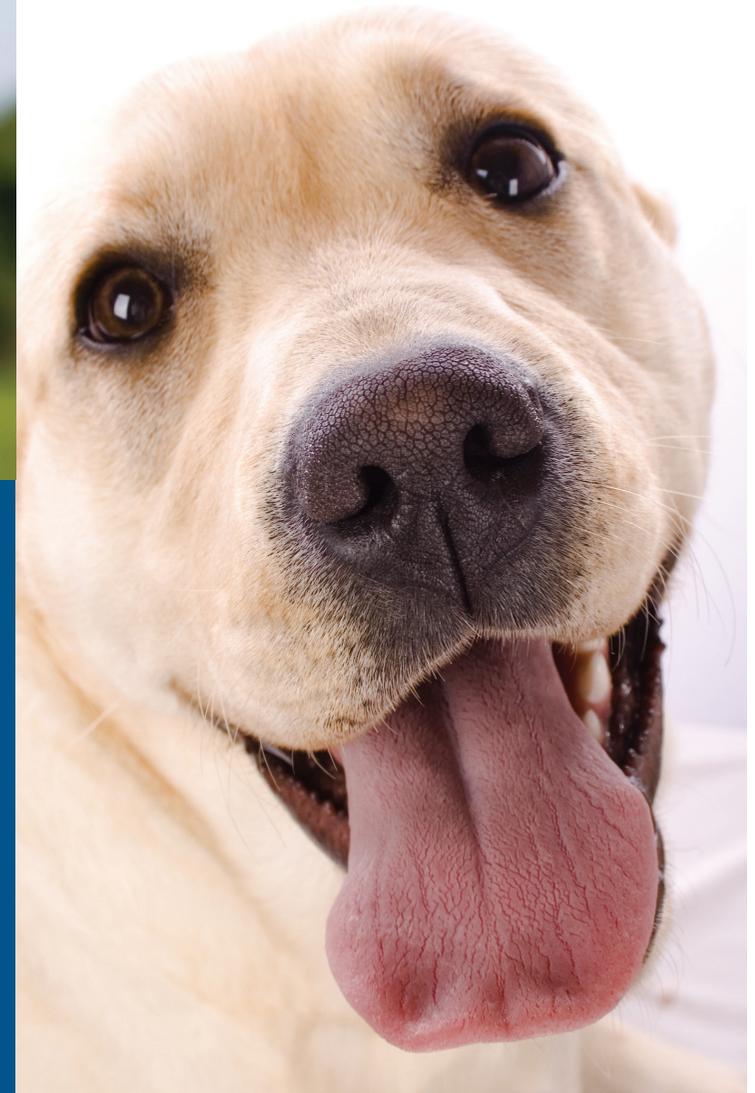
Certified Veterinary Acupuncturist
Certified Animal Rehabilitation (*Effective June 2015*)

**Peak Pet Performance
at Care First Animal Hospital**
5725 Glenwood Avenue
Raleigh, NC 27612

T 919-783-7387
Rehab@PeakPetPerformance.com

TREATMENTS OFFERED

- » Massage and passive range of motion exercises
- » Aquatic and land treadmill activity
- » Therapeutic exercises
- » Acupuncture and pain management
- » Laser therapy
- » Electrostimulation
- » Heat and cold therapy



PEAK PET PERFORMANCE

Is Your Faithful Companion:

- » Suffering from arthritis, muscle, or joint pain?
- » Overweight?
- » Scheduled for or recovering from orthopedic or spinal surgery?
- » Intolerant to pain medications?
- » A competitive athlete looking for increased mobility and performance?

Call 919-783-7387 for more information on how your pet can benefit from pet physical therapy.



PET PHYSICAL THERAPY

Because the goal for your pet is optimal health, your veterinarian recommends a multi-modal treatment approach. This includes state-of-the-art medicine and surgical technique, advanced pet physical therapy, and the ancient healing art of acupuncture, to give your pet the very best chance of a long and healthy, pain-free life.

Benefits include:

- » Decreased pain
- » Faster recovery
- » Increased strength, endurance, flexibility, and function



STANDARD OF CARE FOR SURGERY PATIENTS

PRE-HAB

Physical therapy six weeks PRIOR to surgery promotes optimum readiness for surgery. In addition, this unique approach gives your pet an opportunity to train for the underwater treadmill BEFORE surgery. This ensures a smoother transition to recovery after surgery. An added benefit of pre-hab is weight loss in overweight patients as they recover more optimally without the burden of additional and unhealthy weight.

POST SURGERY

Post-op pet physical therapy is recommended beginning 1-2 weeks after surgery, and twice weekly for 5-10 weeks following their post-surgery recheck by the surgeon.

DID YOU KNOW?

Dogs can lose up to 1/3 of the muscle mass in their leg following knee surgery and can take more than one year to regain it?

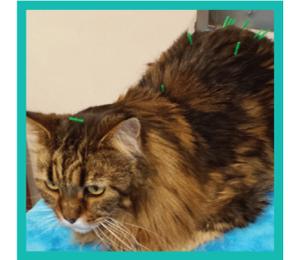
To find out more, call us at 919-783-7387.

Components of Successful Recovery Following Surgery

- 20% Surgeon
- 20% Patient
- 60% Post-Operative Care and Pet Physical Therapy

ACUPUNCTURE

Acupuncture is the ancient Chinese practice of placing sterile needles in specific points to bring about physiological changes in the body. Acupuncture has proven positive effects such as endorphin and serotonin release, muscle relaxation, and pain control. Many neurological, orthopedic, and geriatric patients respond well to this form of treatment.



MANAGING YOUR GERIATRIC PET'S COMFORT

For your golden-years, special family member, pet physical therapy provides additional time for quality of life. It is a healthy and enjoyable option for pets that have maxed out their medications to stay comfortable.

