



Give your pet the very best chance for a long, healthy, pain-free life.

Peak Pet Performance & Rehabilitation provides your pet with a comprehensive physical evaluation and individualized treatment plan. Whether you have a dog or cat, competitive athlete, or elderly pet having mobility issues, you will receive a plan suited to your pet's unique needs.

TREATMENTS OFFERED

- » Massage and passive range of motion exercises
- » Aquatic and land treadmill activity
- » Therapeutic exercises
- » Acupuncture and pain management
- » Laser therapy
- » Electrostimulation
- » Heat and cold therapy
- » Joint mobilization

Contact us or schedule your appointment today!

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Dr. Barbara Butler, CVA, CCRT
Certified Veterinary Acupuncturist
Certified Canine Rehabilitation Therapist



PET PHYSICAL THERAPY for QUALITY OF LIFE



PEAK PET PERFORMANCE & REHABILITATION

Is Your Faithful Companion:

- » Suffering from arthritis, muscle, or joint pain?
- » Overweight?
- » Scheduled for or recovering from orthopedic or spinal surgery?
- » Intolerant to pain medications?
- » A competitive athlete looking for increased mobility and performance?

Call 919-783-7387 for more information on how your pet can benefit from pet physical therapy.



PET PHYSICAL THERAPY

Because the goal for your pet is optimal health, your veterinarian recommends a multi-modal treatment approach. This includes state-of-art medicine and surgical technique, advanced pet physical therapy, and the ancient healing art of acupuncture, to give your pet the very best chance of a long and healthy pain-free life.

Benefits include:

- » Decreased pain
- » Faster recovery
- » Increased strength, endurance, flexibility, and function



STANDARD OF CARE FOR SURGERY PATIENTS

PRE-HAB

Physical therapy six weeks PRIOR to surgery promotes optimum readiness for surgery. In addition, this unique approach gives your pet an opportunity to train for the underwater treadmill BEFORE surgery. This ensures a smoother transition to recovery after surgery. An added benefit of pre-hab is weight loss in overweight patients as they recover more optimally without the burden of additional and unhealthy weight.

POST SURGERY

Post-op pet physical therapy is recommended beginning 1-2 weeks after surgery, and twice weekly for 5-10 weeks following their post-surgery re-check by the surgeon.

DID YOU KNOW?

- » Dogs can lose up to 1/3 of the muscle mass in their leg following knee surgery and can take more than one year to regain it.
- » Up to 60% of a surgical patient's recovery can be attributed to pre- and post-operative care and physical therapy.

To find out more, call us at 919-783-7387.

ACUPUNCTURE

Acupuncture is the ancient Chinese practice of placing sterile needles in specific points to bring about physiological changes in the body. Acupuncture has proven positive effects such as endorphin and serotonin release, muscle relaxation, and pain control. Many neurological, orthopedic, and geriatric patients respond well to this form of treatment.



JOINT MOBILIZATION

This therapy focuses on creating small movements within targeted joints to activate small receptors necessary for balance and joint health, decreased pain, and increased range of motion.

MANAGING YOUR GERIATRIC PET'S COMFORT

For your special family member's golden years, pet physical therapy may provide additional time for quality of life. It is a healthy and enjoyable option for pets that have maxed out their medications to stay comfortable.

